

Victoria Johnson
WELLNESS INC.

Heal Your Life® Training Retreats in Banff, Alberta, Canada

OCTOBER 2026
COURSE INFORMATION GUIDE



www.HealYourLifeTrainer.com

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WELCOME



Train to Be a Certified Heal Your Life® Workshop Teacher and Coach

Welcome to the Heal Your Life® Training Retreat in Banff, Alberta, Canada October 24 to November 2, 2026

- The combined Heal Your Life® training offers two certifications in one. New: Earn a third certification at no extra cost.
- All certifications are authorized by Hay House and co-created and approved by Louise L. Hay
- Students from around the globe attend this training and become certified and licensed as a coach and teach Heal Your Life® workshops.
- Updated program includes 20 hours of supervised coaching and mentoring
- Earn 40 ICF Approved CCE Credits — Exclusively with Trainer Victoria Johnson

WHO IS THIS TRAINING FOR?

Participants in the Heal Your Life® Coach and Heal Your Life® Workshop Facilitator training come from every walk of life. They represent a wide range of professions, academic backgrounds, cultures, countries, and faiths.

What they all share is a genuine desire to help themselves and to help others.

Some attend to launch a brand-new business focused on serving people. Others want to add powerful new tools to an existing career. And some join for deeply personal reasons, seeking healing, clarity, and personal growth.

Certification and licensing as a Heal Your Life® Coach and Workshop Facilitator opens the door to meaningful work. Whether your goal is to create a new career path, deepen your current one, or focus on your own transformation, this training gives you the skills, structure, and confidence to make a lasting difference.



TRAINING OVERVIEW

3 Pre-Session Zoom Calls

The journey begins with three pre-session Zoom calls to build participant connections, review the schedule, cover logistics, and introduce ethics and coaching fundamentals. These sessions ensure a supportive environment and familiar faces at the first in-person meeting, in Banff.

In-Person Training (Days 1–10, Banff, Alberta)

The training begins with an opening circle and evening session. Days 2 and 3 offer a full immersion into the two-day Love Yourself, Heal Your Life® workshop from a participant's perspective. The remainder of the retreat focuses on workshop facilitation, licensing, and exploring the 10-day format and up to 14 additional workshop possibilities. Participants also receive comprehensive coach training, including ethics, core competencies, coaching styles, and hands-on practice. The in-person training wraps up with integration, planning future offerings, a business building workshop, and an optional Teen Self-EmPOWERment Training certification. (There is an extra fee for the teen program.) Graduates earn dual certifications as Licensed Heal Your Life® Workshop Teachers and Heal Your Life® Coach.

Post-Training Support

After the retreat, Zoom calls provide continued support, with continued information on marketing, social media, branding, and material review. Participants have the option to complete a supervised online practicum (approx. 20 hours). This practicum enhances skills, confidence, experience, and business readiness for those wishing to coach professionally. There is no extra fee for this practicum and you do not need to provide your own coachees, we take care of all of that for you.

WHAT YOU'LL LEARN

This comprehensive and immersive training in the methods of Louise Hay provides all the materials and skills needed to lead workshops and become a certified, licensed, and insured life coach.

This includes, but is not limited to:

- Effectively creating affirmations and visualizations in a way that gets results
- Inner child work that removes blocks and barriers from our present-day selves
- Meditation techniques, and word-for-word meditations that you can use with your workshop participants and coaching clients
- Tools for releasing anger, guilt, and fear in a self-healthy and effective way
- Forgiveness exercises that uncover issues that have held you back, and will allow you the freedom to move forward in life without resentment and hurt
- Techniques to achieve deeper levels of self-awareness and self-acceptance
- Learn to shift your mindset for increased health, prosperity, and love, creating the life you truly desire
- Powerful family dynamics exercises and discoveries for you and your clients
- A new supportive family of like-minded friends who will positively impact your life through love, support, and connection
- Digital information for handouts, reference points, marketing, coaching exercises, and three digital manuals
- In-depth experiential personal development work, workshop teacher training, coach training, including pre-training webinars and a short post-training practicum
- Everything you need to start teaching workshops and begin coaching the very next day after the training.

Victoria Johnson offers an **ADVANCED** and **EXPANDED** training that includes an online training component, which will give you the in-depth tools, techniques, and support needed to feel confident as a new workshop teacher and life coach during the training and long after. This program has been updated as of October 2025, to ensure you receive all the training and practice you need as a professional coach and workshop facilitator.

What Does a Heal Your Life® Coach Offer?

A Heal Your Life® Coach is a professional who helps individuals achieve personal growth, healing, and transformation using the principles and techniques developed by Louise Hay, an influential self-help author and speaker. Heal Your Life® Coaching is based on the philosophy that our thoughts and beliefs shape our experiences and that by changing our mindset, we can create positive change in our lives.

The main objective of Heal Your Life® Coaching services is to support individuals in creating a life that aligns with their desires, values, and personal goals. Some specific objectives of these services may include:

- 1. Self-discovery:** Heal Your Life® Coaches help clients explore their beliefs, patterns, and thought processes to gain a deeper understanding of themselves. By becoming aware of limiting beliefs and negative self-talk, individuals can work towards transforming their mindset.
- 2. Identifying and changing limiting beliefs:** Heal Your Life® Coaches assist clients in identifying self-limiting beliefs that may be holding them back from achieving their goals. Through various techniques such as affirmations, visualizations, and journaling, coaches help clients replace these beliefs with more empowering ones.
- 3. Enhancing self-esteem and self-love:** Heal Your Life® Coaches focus on helping clients develop a positive self-image, improve self-esteem, and cultivate self-love. They provide support, guidance, and tools to build self-confidence and embrace self-acceptance.
- 4. Setting and achieving goals:** Coaches assist clients in setting meaningful goals aligned with their desires. They help clients create action plans, maintain accountability, and navigate obstacles to move towards their goals effectively.
- 5. Healing emotional wounds:** Heal Your Life® Coaches provide a safe and compassionate space for clients to explore and heal emotional wounds from the past. They guide clients through processes to release emotional pain, forgive others and themselves, and cultivate emotional well-being. A HYL coach will be trained to recognize when the client needs counselling and will have those resources available for the client.
- 6. Improving relationships:** Coaches support individuals in improving their relationships with others by helping them develop effective communication skills, setting healthy boundaries, and fostering empathy and understanding.

Heal Your Life® Coaches aim to empower individuals in achieving personal growth, healing, and overall well-being in all areas of their lives.

Details About Heal Your Life® Coach Training

This comprehensive training advances you to a level far more in-depth than non-experiential training. In-person training creates community and connection that enhances learning and growth.

The action-packed training encompasses personal growth, skills development, and tools, as well as extensive business building and marketing plans. We help you learn to understand yourself on a deeper level and to communicate with others more effectively. Each day is fully utilized. We remember to take breaks and encourage time in nature to help with self-renewal.

Victoria Johnson and her team ensure that you have the tools and practice necessary to coach in whatever your area of passion is. People often choose to specialize in a more specific niche, such as relationships, health, recovery, and so on. We help with all of that – grounded in a strong Heal Your Life® foundation.

As you simultaneously train to become a Heal Your Life Workshop Teacher, you will find that the skills learned in each segment build on each other. You will evolve into a person who understands the foundation of the work, learning to love yourself and healthily manage your feelings and emotions, freeing yourself to forgive and learn, so that you can live the life you desire and help your clients to do the same.

We will cover multiple training sessions where you will be the “coach trainee” and others where you will be the “coachee.” This gives you several hours of real-life scenarios to work with. We continue to work on your personal growth, mind-body connection, and increasing your trust in your abilities. At the end of each segment, we debrief to find out what worked for you and situations where you may need to look at other ways of saying/doing things to fine-tune your skills and increase your confidence.

We study personality tendencies so that we can understand our own communication styles and communicate more effectively with others. This is a very informative time, and many laughs are shared as we recognize what makes us the way we are, and increase our understanding and awareness of other communication styles.

MEET YOUR TRAINER



Victoria Johnson Ph.D.

Victoria Johnson is highly committed to her work as the Heal Your Life® Workshop Teacher Trainer and Advanced Coach Trainer in Canada. She also teaches the Heal Your Life® Teen EmPOWERment program at her training events. Victoria shares her business and marketing skills with enthusiasm both during the training event and after.

After receiving her original Heal Your Life training in 2012, Victoria became very aware of the impact that we all have on each other's lives. She learned to trust herself as a leader, recognizing that we all yearn for love and acceptance, and that making a difference during our time here is essential.



As an internationally recognised Heal Your Life® Trainer and an ICF-approved educator, Victoria Johnson is uniquely qualified to offer Continuing Coach Education (CCE) credits alongside her certification programs. When you train directly with Victoria, you'll earn 40 CCE credits (26 in Core Competencies and 14 in Resource Development) to support your ICF credential renewal and elevate your professional growth.

To our knowledge, Victoria is the only Heal Your Life® trainer worldwide authorised to provide ICF-approved CCE credits. This makes her programs a rare and valuable opportunity for coaches who want to deepen their skills and advance their ICF credentials while learning directly from one of the most respected trainers in the field.

MEET YOUR TRAINER

Victoria is passionate about helping others learn to be spiritually and emotionally fulfilled and helping them develop that fulfillment into a practical business venture to help others if that is their intention. Victoria is an accomplished writer and encourages and coaches others to write their way to healing and emotional freedom using the philosophies of Louise Hay and other world-renowned teachers.

Victoria is an Amazon Best Selling Author - Her book 'Do That & Then Some: Transform Feelings of Less Than to More Than Enough has been #1 on the Amazon bestseller list seven times! She is also the author of the workbook of the same name. The books are both in revision and will be available on Amazon in the coming months. Victoria is the author of a trilogy of children's books. She is currently writing a book to help people reset their current mindset and circumstances through action.

Victoria has over 30 years of experience as a successful entrepreneur. She has graduated from multiple coaching and team-building facilitator programs and loves to teach others. Victoria is very familiar with social media and marketing and passes that knowledge on to her students. Victoria's counselling practice specializes in both transpersonal and addiction counselling, helping people to overcome their past and transcend to their highest potential. She is also certified as a clinical hypnotherapist specializing in healing the inner child and past trauma.

You will find Victoria to be highly personable and relatable. She teaches in a conversational style that uplifts and inspires people. It is her honor to witness the transformation in people as they grow to love themselves and then, as a result, help others to do the same. She will not only be your teacher for the 10-day Heal Your Life training retreat, but she will also mentor you every step of the way on your Heal Your Life® career path.

Victoria is also certified to facilitate in-depth business training and coaching for corporate leaders and non-profit organizations. She is fulfilling her calling, which is to support and facilitate people through their spiritual evolution. She is available and accessible to her students and is honoured to help those who want to grow and evolve to their highest potential.

MEET YOUR TRAINER

"Victoria gives her immense experience and her heart and soul to make this workshop a transformational experience for every attendee. If you love the work of Louise Hay and want to share it with yourself and others, this is the training for you. Victoria's devotion to her work is beautiful."

"Victoria provides a sacred space that holds and releases energy. Her passion for assisting others is shown to all with her eyes, heart, and words. Embracing the Heal Your Life training shifted and created positive space in my vessel for my own healing and to assist others. At "the training," you will find a piece of you that you thought was forgotten. You will feel blessed to share space with Victoria."

"Victoria is a dynamic teacher who brings out the best in her students. She presents the philosophies of Louise Hay and Heal Your Life® Workshops with authentic sharing. Victoria and her team are open and hold space for deep inner healing while we learn. I will never forget this - it was an experience that needed to be face to face - I loved it!"



WHAT'S INCLUDED WITH YOUR TUITION

What's included:

- Includes Private Hotel Room for nine nights at The Juniper Hotel & Bistro (Arrival on October 24, Departure on November 2)
- Eight breakfasts, eight lunches, and two breaks with refreshments daily
- All your training materials and in-depth digital manuals for coaching and up to 14 different workshops
- Two certifications in one training exclusively authorized by Hay House
- Includes an optional 20-hour post-training supervised practicum/mentorship for those who want to increase their skills and confidence and elevate their certification.
- A third certificate will be awarded upon completion of the Advanced Heal Your Life ® Licensed Coach – Applied Practicum Pathway, which includes additional teachings including business building strategies. (Approximately 20 hours over 3 months). This is offered at no extra cost for October 2026.
- Additional training before and after the training retreat for all participants, including extensive marketing techniques. This is separate from the supervised practicum.
- Bonus for October 2026 - An in-person business planning workshop customized by you, so that you leave the training with an outline for your future success
- Bonus for October 2026 - The facilitator/coach training will include Healing Your Heart – A Journey Through Loss, Love, and Letting Go. This immersive workshop will include a script and exercises for participants to return to their communities and teach a one hour, three hour and full day workshop specifically on healing from grief. Participants will be given the book, Your Can Heal Your Heart, to support them while supporting others.
- Membership in the Heal Your Life® worldwide community
- Ongoing support for years after your training
- Parking is free, and the hotel provides e-bikes, shuttles, backpacks, and more

OCTOBER 24 - NOVEMBER 2, 2026

\$8497 CAD

Earn 40 ICF Approved CCE Credits – Exclusively with Trainer Victoria Johnson

Nine Nights Private Hotel Room at The Juniper Hotel

Eight Breakfasts, Eight Lunches and Daily Refreshments

All Training Materials

Online Components Before and After the Retreat

International Students Welcome

Deposit \$1295 CAD holds your spot and will be deducted from the total

Early Payment Discount:

\$1000 off*

**Receive \$1000 off your tuition if paid in full by July 31, 2026*

READY TO JOIN US?

Deposit for Oct 2026 HYL
Training



Scan the QR code to pay your deposit of \$1295 CAD.

Click [HERE](#) for the registration form.

Once your deposit and registration form is received, we'll
send your welcome package.

We will reach out to you within 24 hours to answer any
questions and arrange your registration.

OCTOBER 2026 TRAINING BONUSES

- A third certificate will be awarded upon completion of the Advanced Heal Your Life® Licensed Coach – Applied Practicum Pathway, which includes additional teachings including business building strategies. (Approximately 20 hours over 3 months) for those who want to increase their skills and confidence and elevate their certification. There is no additional charge for this third certification for the October 2026 training.
- An in-person business planning workshop customized by you, so that you leave the training with an outline for your future success.
- The facilitator/coach training will include Healing Your Heart – A Journey Through Loss, Love, and Letting Go. This immersive workshop will include a script and exercises for participants to return to their communities and teach a one hour, three hour and full day workshop specifically on healing from grief. Participants will be given the book, Your Can Heal Your Heart, to support them while supporting others.
- Exclusive 100+ page Coaching Companion - Your go-to guide filled with strategies, and ready-to-use resources and proven techniques to elevate your coaching impact.



TESTIMONIALS

“Heal Your Life® training with Victoria was a sacred turning point in my life. It helped me reconnect with “me,” releasing old patterns, and step into the truth of who I am. I left with a heart full of gratitude, powerful tools, and a deeper calling to help others. This experience was life-changing and soul-affirming.”

-Teresa, Pennsylvania, USA

“Thank you, Victoria, for the awesome space and support. This training is transformational. I am walking away as a better version of myself – a more open and healed version.”

-Jackie, Alberta

“I loved this training; I am so happy I came. Victoria, thank you for being so inviting and encouraging me to take this training. Your love and commitment to the work is strong. Thank you so much; I have healed by taking part in this. “

-Tinaya, British Columbia

“I loved that we went deeper into our healing. I realized that ‘loving myself’ was the key to moving forward in all areas of my life. It was a great workshop and training! I didn’t think that I had the ability to do this training. Hearing all of the positive words and feedback, I realized that I do have the ability to do it! Victoria helped change my outlook on life that no one is better than the other; we have similar stories but different lifestyles.”

-Ray, Yukon

“The Heal Your Life training retreat is well organized, and Victoria and her team are knowledgeable and effective. I absolutely would recommend it to others, and note that it is very high value for the cost! It has been life-changing for me.”

-Brenda, NWT

“Victoria is the perfect person to lead certification training, walking the balance between learning, teaching, sharing, coaching, and experiencing while keeping us on track and honouring so many different people.”

-Carolyn, California

For more inspiring words from our graduates, watch our video testimonials here:

[**TESTIMONIALS**](#)

Earn 40 ICF Approved CCE Credits – Exclusively with Trainer Victoria Johnson

I'm already an ICF credentialed coach. What will I gain from this training?

If you already hold an ICF credential, this training is a powerful way to continue your professional development while renewing your credentials. As an internationally recognized Heal Your Life® Trainer and an ICF-approved educator, Victoria Johnson is uniquely qualified to offer Continuing Coach Education (CCE) credits.

When you complete the program with Victoria, you'll earn 40 ICF-approved CCE credits:

- 26 Core Competencies
- 14 Resource Development

These credits can be applied toward your ICF credential renewal requirements while also expanding your skillset with life-changing Heal Your Life® methods.

To our knowledge, Victoria is the only Heal Your Life® trainer worldwide authorized to provide ICF-approved CCE credits. This makes her programs a rare and valuable opportunity for coaches who want to deepen their practice, enhance their coaching toolkit, and stay connected to a supportive global community of professionals.



ICF CONTINUING
COACH EDUCATION



FAQs

What is the Heal Your Life® Certification Training? This is a 10-day immersive retreat offering double certification as a Heal Your Life® Workshop Teacher and Heal Your Life® Coach, based on the philosophy of Louise Hay. The October 2026 training includes an optional third certification in Advanced Coaching Practicum, all set in the beautiful Rocky Mountains of Banff, Alberta.

Who is this training designed for? This program is for individuals ready to grow personally and professionally—whether you're beginning a new path, expanding your wellness offerings, or deepening your healing journey. No prior workshop or coaching experience is required.

What makes your training different from other life coach certifications? This training uniquely blends personal healing with professional certification in a retreat setting. It's deeply experiential, grounded in Louise Hay's teachings, and includes long-term mentorship and business-building support.

Is this training accredited? This training is exclusively authorized by Hay House and recognized globally.

What does being certified as a Heal Your Life® Teacher and Coach allow me to do? You'll be licensed to teach up to 14 different Heal Your Life® workshops and offer private and group coaching using the Heal Your Life® methods and materials.

Can I use this training to start or grow a business? Absolutely. The October 2026 program includes a business-building workshop and optional practicum with coaching supervision to support your professional growth.

Can I teach and coach online? Yes! Once you're certified, you can teach Heal Your Life® workshops and offer coaching either in person or online. Many graduates successfully run virtual workshops, group programs, and one-on-one coaching sessions, reaching clients all over the world.

How long has this program been running? Heal Your Life® trainings have been offered globally for over 30 years. This training retreat has been held annually in Canada since 2017 by Victoria Johnson.

Who is the trainer for this program? Victoria Johnson is the authorized Heal Your Life® Trainer for Canada. She is a Master Coach, experienced group facilitator, and wellness entrepreneur who has led dozens of sold-out trainings and events.

FAQs

What topics are covered in the training? Topics include inner child healing, mirror work, deservability, grief and forgiveness, releasing limiting beliefs, affirmations, coaching principles, facilitation skills, and business foundations.

What skills will I gain from completing this certification? You'll gain confidence and tools to lead transformational workshops, offer coaching sessions, hold safe healing space, support others with compassion, and build a heart-centered business.

Is there a difference between the Workshop Teacher and the Coach training? Yes. The Workshop Teacher certification focuses on group facilitation using Louise Hay's workshops. The Coach certification focuses on one-on-one client work using Heal Your Life® coaching techniques. Coaching can also be done in groups.

What kinds of workshops or coaching sessions will I be able to lead? You'll be certified to lead introductory, 2-hour, 1-day, and multi-day workshops, as well as private coaching sessions and, optionally, grief-specific or teen-specific workshops if you complete the additional (teen) training.

Will I receive scripts or materials to use after the training? Yes. You'll receive detailed facilitator and coach manuals with word-for-word scripts, exercises, outlines, and digital marketing materials.

Is this an in-person or online training? This is an hybrid online and in-person training retreat held in Banff, Alberta, Canada.

Where is the training held? The training takes place at The Juniper Hotel & Bistro, a beautiful, mountainside location overlooking Banff.

What are the training dates and daily schedule? The training runs from October 24 to November 2, 2026. Daily sessions typically run from 9:00 AM to 6:00 PM, with some evening programming. Opening circle is October 24th at 4pm.

How many people are in each training cohort? We are accepting a maximum of 28 new students in October 2026 for a personal and supported experience.

Are meals and accommodations included? Yes. Tuition includes nine nights of private accommodation, eight breakfasts, eight lunches, morning break with coffee and tea and afternoon break with coffee, tea and snacks.

Is there an alumni discount? Yes. If you are an alum, please email info@thetraining.ca for the alumni package.

FAQs

What is the time commitment outside of training hours? Prior to the training we ask that you read or re-read *You Can Heal Your Life*, by Louise Hay. We will also send reflection questions via email leading up to the training. While at the training there may be reading or preparing presentations between sessions, but evenings are generally restful.

What is the cost of the training? The regular tuition is \$8497 CAD.

What is included in the price? The tuition covers your training, materials, accommodations, most meals, coaching practicum, business workshop, and multiple certifications.

Are there payment plans available? Yes. Flexible payment plans are available. A \$1295 CAD deposit is required to secure your spot. The program must be paid in full by September 24th, 2026.

What is the cancellation policy? ** Cancellation Policy: Please submit any cancellation requests in writing. If you cancel more than 45 days before the training begins, all but \$800 will be refunded. If you cancel less than 45 days prior to the event, no refunds are possible unless someone is available to take your place in the program. If someone is available, all will be refunded except for the deposit. If the event needs to be rescheduled due to unforeseeable circumstances (for example, Covid), a credit will be issued to the student to choose from for the next two trainings offered by Victoria Johnson Coaching and Training Academy.

Do you offer receipts for tax or funding purposes? Yes. Full receipts and personalized funding letters are available upon request. Please note: This training is not eligible for the CRA tuition tax credit (T2202/TD1) but can often be claimed as a business training expense.

Is this training eligible for funding? Yes. Many participants receive funding from employment, health, and Indigenous organizations. We are happy to provide you with a detailed and personalized funding letter to help you request sponsorship.

Can you help me apply for funding or write a letter of support? Yes. We provide customized letters of support outlining training benefits and certification outcomes.

FAQs

Do you accept third-party billing? Yes. We work directly with funders and organizations for third-party payment.

Are there scholarships available? A limited number of \$500 scholarships are available. Please inquire early.

Do I need prior experience or qualifications to register? No. You need only a desire to grow, heal, and help others. We provide all the training you need.

What if I haven't done a Heal Your Life® workshop before? You are welcome to attend even if this is your first introduction to the philosophy. Many participants join with no prior workshop experience.

I've done personal growth work but not Louise Hay's specifically – is this still for me? Yes. If you resonate with heart-centered healing, mindset work, and holistic growth, you will feel at home here.

Can men take this training? Absolutely. The training is inclusive and open to all genders.

What support is available after the training? You'll receive access to our global alumni network, monthly group masterminds, marketing tools, and personalized support.

Will I be part of a community or network of other teachers/coaches? Yes. You'll be welcomed into a worldwide family of certified Heal Your Life® teachers and coaches.

Do you offer ongoing mentorship or business coaching? Yes. We offer ongoing business mentoring, regular alumni calls, and access to resources to grow your practice.

How can I stay connected and continue to grow after certification? You can attend refresher events, continue into advanced trainings, and remain active in our vibrant community. Each cohort has a WhatsApp group that remains active after the training so you may remain connected with each other.

Can I run workshops right away after training? Yes. You'll leave with ready-to-go materials and the confidence and support to start immediately.

Can I use this training to qualify for an ICF credential? You cannot earn a new ICF credential through this training. However, it is ICF-approved for 40 CCE credits (26 Core Competencies, 14 Resource Development), which count toward renewing your existing ICF credential.

FAQs

Will I be certified at the end of the training? Yes. You'll be certified and licensed as a Heal Your Life® Workshop Teacher and Coach. A third certificate is available with an optional practicum. There is no extra charge for this level, and it is intended for those who wish to gain confidence as a coach. It is open to all participants.

Is this a lifetime certification? Yes, with the option to remain an active licensee annually. If your licence lapses for a significant period and you wish to resume teaching workshops or coaching, a short refresher course is required.

Are there annual fees or requirements to keep my certification active? Yes. Annual licensing and insurance is required to continue using the Heal Your Life® name and materials professionally. The cost is \$249 USD annually for US and Canadian residents and \$99 USD for participants outside of the US and Canada.

Can I teach under the Heal Your Life® name? Yes. Upon certification and licensing, you are exclusively authorized to teach under the Heal Your Life® brand if your license and insurance are up to date. This is a requirement of Hay House Inc. and protects all Heal Your Life® teachers and coaches.

What have other graduates gone on to do? Graduates have created private practices, group programs, online workshops, written books, spoken at events, been hired by organizations, and led healing in their communities.

What kinds of clients or communities does this work serve? This work is universal and serves individuals, support groups, schools, businesses, and healing organizations.

Is there a market for this work in my community? Yes. The demand for compassionate, holistic coaching and workshop leaders continues to grow.

Is this training available for Indigenous communities? Yes. We have worked with Indigenous participants and can provide additional cultural considerations.

Can you deliver this training in my community? Yes. Custom community-based options are available. Please reach out to discuss a proposal.

Do you offer culturally relevant adaptations or Indigenous-led programs? We welcome collaboration and adapt based on community need while respecting the intention and integrity of the Heal Your Life® material.

LOUISE HAY

Louise Hay's best-selling book, *You Can Heal Your Life*, has transformed the lives of millions of people worldwide. Using the techniques described in her book, others learn how to let go of limiting beliefs and create the life of their dreams!

In addition, Louise is the founder of Hay House, the world's largest Inspirational publishing company.

Louise Hay is an icon in the self-help movement. Her fundamental message, the importance of loving yourself, has transformed the lives of millions.

Louise Hay passed away peacefully in her sleep on August 30, 2017, at the age of 90. May her legacy continue for generations.

"It is safe to look within."

"The most important thing you can ever do is learn to love yourself unconditionally."

"All is well in my world."

-Louise L. Hay



Victoria Johnson
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CCE

ICF CONTINUING
COACH EDUCATION

ICF